

themindguide.blog

Blog Article 3

By Fred Spagnoletti

Introducing the Human Mind Research Newsletter©

Note: The following text is a copy of one of the press releases used initially to introduce the Human Mind Research Newsletter© to the public.

The Secret to a Better Life! **www.themindguide.blog**

Dallas, 2023 / / -- Priceless life changing discoveries were made during over a quarter century of mind research by Fred Spagnoletti

"Now anyone can both remarkably improve their health, wealth, wisdom, happiness, and more, as well as have their overall success rate in all their endeavors increase sharply. That's because until now how our brain works has remained virtually unknown to everyone due to their perspective, which is controlled by our subconscious mind. Persons have believed they control their fate with their conscious thought alone which is not true. In fact, our conscious thought does give us some control, but only within a limited framework defined by our subconscious mind and perspective, which operate largely behind a veil of secrecy provided by the way our mind really works. Thus, by uncovering the way our mind really works, we unlock a treasure trove of answers to countless questions that have puzzled us for ages. It's like flipping a switch and suddenly seeing the brilliance of a thousand suns, illuminating every facet of our reality with crystal clarity. Thus, with this newfound insight, we can now take more control over our lives than ever before was possible." explains Spagnoletti.

"As a scientist I have been investigating and researching the human mind and writing about it for over 26 years. Included have been hundreds of papers and several books. I have now added a Blog, a Website, and a Newsletter. I've made scores of discoveries, several of which are so earthshattering that they could change the lives of everyone who knows of them. One discovery explains what persons would learn by just knowing how their own mind really works. What is most important is related to our subconscious mind. For ages people have theorized about mystical things we can do subconsciously, few of

which are true. However, our subconscious mind does do some things unknown to virtually everyone, that keep us from recognizing all that occurs around us, and sharply reduces what we learn and remember. So it isn't mystical things that have been affecting us, but unrecognized effects of what our subconscious mind simply does routinely, but without our knowledge." continues Spagnoletti.

"Thus, we can now avoid, due to the discoveries, the strong natural proclivity to find fault with each other. What that alone has cost the World is astronomical. And there is how our subconscious mind changes our perspective. Our perspective is not just a vantage point. It creates a frame of reference that defines what people are capable of believing. An example is why 1300 years had to pass after Pythagoras learned the Earth is a sphere, before all educated persons in the World could stop insisting that the Earth is flat. Well, persons today are still equally **wrongly** insistent about almost half of what they believe. But the enormous costs and damaging consequences of their incorrect beliefs can now be avoided by their learning how our brain really works." says Spagnoletti.

"The huge discoveries can only be described as among the most important and most valuable as well as most astonishing discoveries ever made, simply because no one has been aware before now, of what has been taking place in our mind or of the huge value of knowing its secrets. Further, because of the huge value of improvements that persons can make in their lives by knowing the secrets, the benefits of learning the secrets are massive." said Karen Williams psychologist.

To learn more about the secrets to a better life you can continue on to the next Blog Articles, or go directly to www.seventhflag.net now to learn more about our mind, our subconscious mind, and the newsletters as well as how to subscribe to them. As you find these blogs and the priceless information attached to them helpful, please tell your friends about them.